

# RENEWAL

360-631-6994  
www.renewalminnw.org

## MINISTRIES NORTHWEST NEWSLETTER

May 2010

Religious Non-Profit Organization 501(c)3

### July Retreat **Rest in God**

***"Get away with me, learn the  
unforced rhythms of grace"***

*(Matthew 11:28)*

Many things command our attention. Demands from without and within fill in the margins of our lives. Amidst the noise and frenetic busyness of our lives we can learn to cultivate sacred rhythms that help create margins and to enjoy God's rest.

**Saturday July 10, 2010**

**9:00 a.m. – 1:00 p.m.**

**Peace and Spirituality Center  
Bellevue**

*(See enclosed registration form)*

### **June Sabbath Concert**

*"Resting in the Goodness of God"*

**Sunday, June 27, 2010**

**3:00 p.m.**

**North Creek Presbyterian Church  
621 - 164th St. SE  
Mill Creek, WA 98012**

**Featuring:** Jeff Johnson & Selah  
Prayers & Scriptural Readings  
with Music  
with Guest Musician Brian Moss

Art Gallery in the foyer  
from the Studio of Kathy Hastings  
*"Crossings – Intersections &  
Right Angles"*

**Admission:** Free-will offering  
for Renewal Ministries Northwest

### **Monthly Prayer and Reflection**

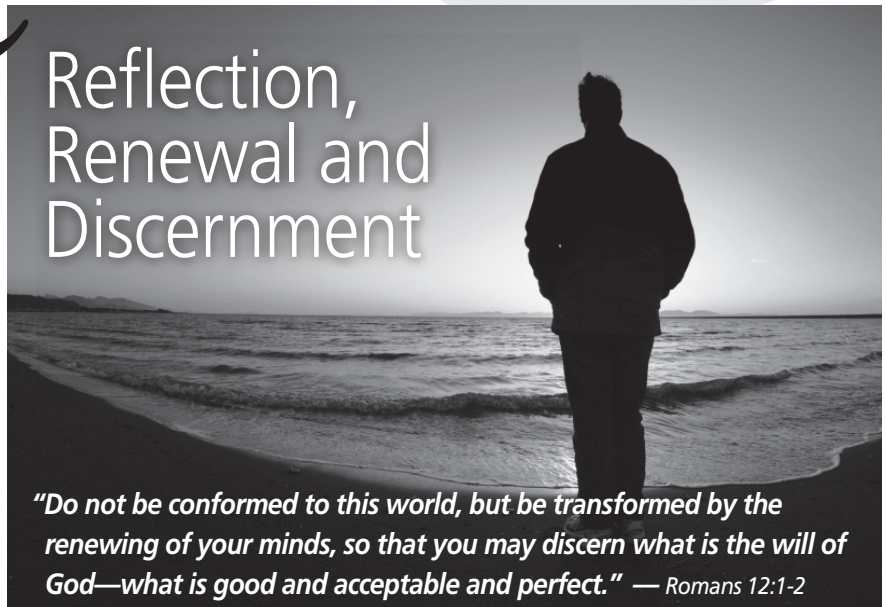
*"Going with Jesus"*

Monthly prayer and reflection on  
**the 4th Thursday 7:00-8:15 p.m.**

**RMNW Office  
16300 Mill Creek Blvd. Suite G-2  
Mill Creek, WA 98012**

*(Free will offering)*

## Reflection, Renewal and Discernment



***"Do not be conformed to this world, but be transformed by the  
renewing of your minds, so that you may discern what is the will of  
God—what is good and acceptable and perfect." — Romans 12:1-2***

Renewal Ministries Northwest has been a delightful blessing to me. My personal encounters with RMNW have included participation in Pastors' Retreats, the Ignatian 5-Month Retreat, music and prayer services, and Spiritual Direction. Through these I have enjoyed a reinvigorated prayer life, deepening walk of faith, and reconnection with some very powerful spiritual disciplines. I have had some profound times of respite, renewal and worship. The deeply spiritual, prayerful, and practical engagement of the questions about God's calling, purpose, and direction in my life has challenged and encouraged me.

As a pastor I have referred members of the church and others I serve to participate in the retreats, services and spiritual direction from RMNW. Additionally, Renewal Ministries serves the leadership of congregations such as Sessions, Boards of Deacons, and/or leadership teams. The retreats foster maturity in church members and reignite their fervor for ministry in the local church.

I value the work of Renewal Ministries because of their ability to offer to churches and pastors what they cannot do for themselves. In addition to the supportive services available for referral of parishioners; Renewal Ministries is able to specifically provide for the spiritual health, encouragement and development of pastors. Renewal Ministries' singular focus helps pastors to renew and deepen their lives of faith, reclaim the clarity of their calling, invigorate the spiritual dimensions of their pastoral service, and help them to discern what God is calling them to today.

In all these ways I have been blessed by Renewal Ministries Northwest and I encourage everyone to seek out and support this type of community for their own spiritual health as well as that of their parishioners and colleagues.

-- Reverend Kevin Nollette

*(A pastor who has participated in both the 5-Month retreat and the pastor's Sabbath.)*

Psalms 46:10 says, "Be still and know that I am God"...

I don't know about you, but that "be still" part is a tough one for me. With the demands of life, and the increasing noise and clatter around us, being still can present quite the challenge. I am so grateful over these last few months, for the opportunity to participate in the Ignatian Prayer Retreat, put on by Renewal Ministries.

I have found through the exercises the permission to be silent, to sit in God's presence, and in the stillness listen for His voice. I have learned that listening for His voice requires me to sit in stillness and rely on the Holy Spirit to do His work in me. I am looking forward to increasing and enjoying my "be still" moments.

-- by *Lynn Green*  
(participant in the Ignatian 5-Month Retreat)

be still

## Update on

# PARTNER25

BUILDING THE FOUNDATION PARTNERSHIP PROGRAM

In response to the growing interest and demand for "Renewal Ministries in the Pacific Northwest", the RMNW Board recently launched the **Partner25** "Building the Foundation" Campaign!

The specific goal of the campaign is to increase the number of \$25 per month gifts by a hundredfold. Yet, the larger purpose is to provide another avenue for the overflow of thanksgiving (2 Cor. 9) that springs from the experience of God's grace and love so many find through this ministry.

With the opening of the office since the first of the year, Denise and Dianna find they are amazed and at times a bit overwhelmed by the number of inquiries, speaking and retreat teaching opportunities, and requests for spiritual direction and healing prayer.

The success of the **Partner25** Campaign is essential to expand the prayer and financial base for increased administrative support that would free Denise and Dianna to respond to the increased requests for "renewal ministries".

As of May 10, we rejoice in 10 new **Partner 25** gifts: 6 from new donors and 4 from existing donors . . . with 90 to go! We invite your prayers and financial consideration as you discern how to best partner with God's work in this world through your local church and with many other worthy organizations!

## Set Aside a Day in the Presence of God!

We strongly encourage you to consider setting aside a day in prayer with God. It will help you to experience rest, clarity, and focus for your life and renewed peace and joy in Christ.

The following resource will help you pray.

**Alone with the LORD -  
A Guide for a Personal Day of Prayer**  
By Gordon T. Smith

### Need a Place to Pray?

If you need a place to pray, please contact Sister Carmel at the Peace and Spirituality Center in Bellevue - Phone: 425-454-7909

## Want to partner with us?

Yes, I want to be a **Partner25**  
 Yes, I want to provide for RMNW's ongoing financial needs with a regular or one-time gift:

\$25    \$50    \$100    \$150

\$Other \_\_\_\_\_

Monthly    Quarterly    Yearly

My gift of \$\_\_\_\_\_ is enclosed

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Please make checks payable to:  
(You will receive a tax receipt)

**Renewal Ministries NW**  
P.O. Box 458  
Mukilteo, WA 98275