

Spiritual Direction

God's Word assures us that God is present and active and "always" speaking to us. In fact, God speaks first. The question is, are we listening?

The ministry of Spiritual Direction helps us to listen and be attentive to God's leading.

What is Spiritual Direction?

- Spiritual Direction is a privileged time and place to reflect with another the ways God is present in our ordinary life experiences, relationships, prayer, questions of faith, vocational life, etc.
- Spiritual Direction enables us to be more fully the people God created us to be, to love with God's own love and to be instruments of God's peace and justice in our world.

Who are Spiritual Directors?

- Spiritual Directors are fellow companions for the spiritual journey. They are deeply committed in their own journey of faith while coming alongside others on their journey.
- They assume the Spirit of Jesus Christ is the true director, the One who enables individuals to discern God's movement in their lives.
- Spiritual Directors facilitate this process by listening, praying, observing, supporting, and encouraging individuals to be attentive to God's presence and action in their lives.

If you are interested in Spiritual Direction, please call us at: **360-631-6994** or email us at **renewalministries@verizon.net**

RENEWAL
MINISTRIES NORTHWEST